



# Inter- Dentale

## INTERDENTALE EXTENDED!

Programme 29 June 2026

### UNDERSTANDING AND MANAGING DEVELOPMENTAL ENAMEL DEFECTS

*18:00 – 18:05 (UTC+2)*

#### **Welcome & Introduction**

*Dr. Susanne Effenberger & Julia Hoyer*

*18:05 – 18:35 (UTC+2)*

#### **Micromorphology of Developmental Enamel Defects**

*Prof. Dr. Carlos Rocha Gomes Torres*

Developmental enamel defects originate from disturbances during tooth formation, resulting in structural irregularities that influence both clinical appearance and treatment response. This presentation examines the micromorphology of affected enamel, focusing on variations in mineralization, porosity, and surface integrity. Through imaging and analytical insights, participants will understand how these microstructural features manifest clinically and why they are critical for selecting appropriate treatment modalities. The session provides a scientific foundation for all subsequent clinical decision-making.

*18:40 – 19:10 (UTC+2)*

#### **Treatment Options for Demarcated Opacities**

*Dr. Susanne Effenberger*

Demarcated opacities vary widely in severity, aesthetic impact, and patient sensitivity, requiring individualized therapeutic planning. This session reviews current treatment options, including remineralization protocols, resin infiltration, microabrasion, and restorative approaches. Participants will learn how to assess lesion depth, evaluate prognosis, and choose minimally invasive yet effective interventions. Practical decision-making tools will support clinicians in tailoring treatment to each patient's needs and expectations.



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*19:15 – 19:45 (UTC+2)*

#### **Learning, Persistence, and Partnership: A Long Road Toward Success in Treating Enamel Opacities**

*Prof. Dr. Alessandra Buhler Borges*

Managing enamel opacities is often a long-term process that requires persistence, adaptability, and strong collaboration between clinicians, patients, and family. This presentation highlights the importance of communication, expectation management, and continuous learning in achieving successful outcomes. Through real clinical cases and reflective insights, participants will gain a realistic understanding of the challenges and opportunities inherent in treating enamel opacities over time. The session emphasizes partnership as a key driver of sustainable success.

*19:55 – 20:25 (UTC+2)*

#### **Impact of Treatment on Quality of Life**

*Prof. Dr. Vera Mendes Soviero*

Enamel defects can significantly affect a patient's self-esteem, social interactions, and overall quality of life. This presentation explores how different treatment approaches influence oral health-related quality of life, drawing on patient-reported outcomes and clinical experience. Participants will learn how to integrate psychosocial considerations into treatment planning and how effective interventions can enhance not only dental function and aesthetics but also emotional well-being and daily confidence.

*20:25 – 21:00 (UTC+2)*

#### **Panel Discussion with all 4 speakers**

